



WOLVES' HOWL

www.browardschools.com/sheridantechhigh

Vol. 6 Issue 7

A NOTE FROM ADMINISTRATION

MS. BARBA, INTERN PRINCIPAL

Happy March to our STHS Stakeholders!!

A lot has happened over the last month and much will take place in March as well. Early February, our entire senior class attended a Broadway production of Groundhog Day at the Center for the Performing Arts. Students and staff loved the hilarious play. Several clubs stepped back in time when they attended the School Days Ren-Fest and our health science students attended the Love Yourz event on the Arthur Ashe campus. If you had a chance to watch, you would have seen us compete in the district's trivia challenge Television show, "School Duel." Students did an amazing job there! We had our annual College Fair with 40 colleges in attendance, our Debate Team packed their bags and went to Harvard to compete in the National Speech and Debate Tournament, and half of our juniors went to the "Claim Your Future" event at the BB&T center. To close out the month, fifty students attended the Miami Heat basketball game, and before the Heat game, our students were able to play Atlantic Tech High School on the main court!



We just completed School Day SAT exam for all juniors and on the 6th we had the Class Ring Assembly for the sophomores. On Monday, March 9th, we have 40 students going to Atlantic Technical for a Focus Group/discussion with Superintendent Runcie and the following week we have the Senior Leader's Banquet recognizing Jorge Miranda, Erin Oswald, Yvette Ricketts, and Lorena Manasturean for their contributions as student leaders. At the end of the month, the entire 10th grade class will attend the Broadway production of Ragtime @ the Broward Center for the Performing Arts. This will be the fifth show I was able to book for the school this year so that each grade level would have an opportunity to attend, free of charge. So far this year we attended, Black Angels over Tuskegee, A Christmas Story, Cirque de la Symphonie, Groundhog Day, and very soon, Ragtime.



The week of March 16th is an odd one, but I need all students in school. We have teacher planning days on the 17th and 20th but we also have Exams on the 18th and 19th. Dismissal on the 18th is at 10:50 a.m. and dismissal on the 19th is at 11:50 a.m. (it's a scheduled early release day). District buses will take students home on both days and there will not be any after school clubs or tutoring on exam days. The week of the 23rd starts a full week off for Spring Break and when students return on March 30th, it's a new marking period and the beginning of the 4th quarter, and the last 45 days of the school year.

There's a lot of information floating around about the Coronavirus. Broward County School Board has provided us with this web link to share with you. Also, at the end of this newsletter you will find additional information for you to review. · Broward Schools' Coordinated Student Health Services: <https://www.browardschools.com/CSHS>

You have been doing a fantastic job when it comes to school uniforms, but there are many students who are forgetting to wear their school ID's, which is district policy. Parents, it costs \$5.00 every time your child needs a replacement ID, which goes into their account as an obligation. These obligations should be paid before the year ends, so you may want to have a conversation with your child about how much their forgetfulness is costing them. I have met with the repeat offenders to try and help students come up with a way to remember, but they still forget. Anything you can do to assist is greatly appreciated.

Parents, the State Board of Education passed new rules for schools to provide a minimum of five (5) hours of instruction to students in grades 6 -12 related to youth mental health awareness and assistance, substance use and abuse, and human trafficking awareness. [Please click here or the document below see the official letter.](#)

Happy Spring!!

Mary Barba



THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA

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Dear Parent/Guardian:

This summer, the State Board of Education passed new rules for schools to provide a minimum of five (5) hours of instruction to students in grades 6 -12 related to youth mental health awareness and assistance, substance use and abuse, and human trafficking awareness. The instruction will advance each year through developmentally appropriate skill building and must address the following topics:

- Recognition of signs and symptoms of mental health disorders
- Prevention of mental health disorders
- Mental health awareness and assistance
- How to reduce the stigma around mental health disorders
- Awareness of resources, including local school and community resources
- The process for accessing treatment
- Strategies to develop healthy coping techniques
- Strategies to support a peer, friend, or family member with a mental health disorder
- Prevention of suicide; and
- Prevention of the abuse of and addiction to alcohol, nicotine, and drugs

As part of its commitment to educating today's students to succeed in tomorrow's world, Broward County Public Schools (BCPS) is providing a high quality mental and emotional health curriculum to our students. The focus of this instruction is to foster a safe and nurturing learning environment that enables students to thrive both academically and socially. The curriculum is designed to encourage student interaction with relevant topics, provide opportunities for students to define and understand emotions and behaviors, and build the confidence to make more positive, healthy choices.

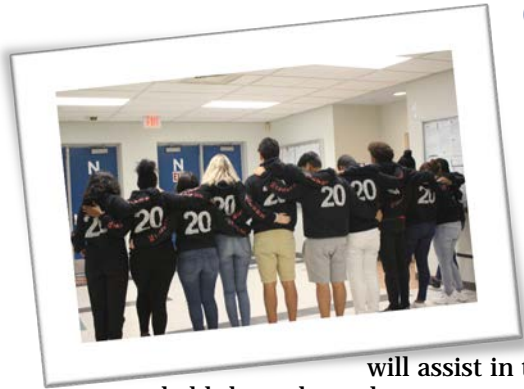
The curriculum will be delivered to students during the school day. There is no statutory waiver option from the instruction; however, all materials will be available in Canvas for convenient access for absent students or those who may wish to revisit the resources.

As a parent, this is an excellent opportunity for conversation about mental and emotional health with your child. If you would like more information about what your child will be learning related to mental health instruction, please visit: <https://www.browardschools.com/mentalhealthinstruction>.

Sincerely,

Mary Barba

CLASS OF 2020



Many members of the Senior class will be participating in their first presidential election cycle with the upcoming Presidential Primary Election on Tuesday, March 17. As Florida holds closed primaries, students who are eligible to vote would have to have already declared their party affiliation prior to February 18 in order to participate in this primary. While this election does not decide who will become the president, it

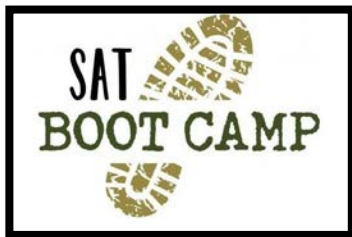
will assist in the decision of the Democratic Party Nominee for president. Early voting will be held throughout the county, and a quick check on the Broward County Supervisor of Elections website will help you determine not only where these services are offered, but also your voter registration status, your polling location, and which issues and representatives you will be responsible for voting into office.

Seniors who are looking to improve their test scores, listen up. The deadline to sign up for the March 14 SAT has come and gone. That does not mean you are completely out of luck. According to the BRACE office, late registration for the Saturday, March 14 SAT exam is available until March 3rd.

Now that you know you can still register for it, you should know how to prepare for it. After-school tutoring for the SAT is still being offered by Mr. Cogan every week. Other resources are available through AlgebraNation, Khan Academy, and The College Board itself, which provides several practice exams that come complete with the explanation for every problem.

In other news, graduation is fast approaching, and Seniors are preparing for this by finalizing their plans for their senior exhibitions. Whether you are a culinary student creating a business plan and menu for a restaurant, or a network and IT student who wants to create a robotic hand made by a 3-d printer, the time has come to put the final touches on your exhibition. Your action plans should already have been uploaded to the D2L dropbox, and Mrs. Alexander is actively scheduling exhibitions at this time.

With the end of the 3rd quarter and Spring Break fast approaching, your teachers are advising Seniors to check their current grades in Focus. The sooner you address missing grades and Z's for tests that were missed, the happier your report card will be.



Several teachers have been including SAT Bootcamp mastery as a part of their gradebook. In addition to SAT Bootcamp, completing tasks in the Naviance portal have also been included in several teacher grade-books. Before the end of the 3rd quarter students were expected to do the following: Explore scholarship options with the National Scholarship Search & Scholarship Match Service.

With the excessive cost of higher education, this free service could save students from going into serious debt. There are a large number of scholarships that students are unaware of, meaning that with a simple application process Seniors can increase their chances of being awarded a scholarship. This action, as well as updating their Graduation Survey data to include such information as their post-graduation plans, the colleges they have been accepted to, and any scholarships they have earned, should have been completed by March 1st



CLASS OF 2021

Dear Juniors:

I can't believe it is March already! The second term is in full swing, and lots of things are happening here at Sheridan Tech. We've had some great field trips, including our debate team travelling to Harvard and some outstanding results at our Skills USA Regional Competition. But we can't let up now. Let's be extra diligent (good vocab word) for

midterms, and then come back from Spring Break refreshed and ready for our final push into finals, EOCs, and AP Exams!

A date that should be firmly on all our Juniors minds is March 4, our schoolwide SAT Day. This is the day that we have all been working towards, with our Algebra Nation practice, our math assignments, and our vocabulary and reading comprehension efforts. This test is provided free of charge to all our Juniors, and is an actual SAT test that counts for college admission. Please bring your own scientific calculator, since calculators will not be provided. We recognize all the hard work from our teachers and students, and want everybody to be prepared. Standardized tests can cause anxiety, but feel confident in your preparation. We will continue to offer SAT tutoring after the test for those that want to improve their scores, but March 4 is the key date that everybody needs to be aware of.

Speaking of Spring Break (March 21 - 29), that week is a great chance to ramp up your service hours. Keep in mind that all Sheridan Tech students need 40 service hours to graduate, but even more service hours can translate into real money. As part of the Florida Bright Futures Scholarship, students need 75 service hours and an 1210 SAT score to receive 75% paid college tuition, and 100 service hours and a 1330 SAT score to receive 100% paid college tuition. Students with 250 service hours receive a service chord award during graduation. So keep these numbers in mind and get out there during Spring Break.

For those who took AP classes in the Fall, AP exams take place in May, so review your notes for a minimum of an hour each week and don't miss after-school review sessions. The AP schedule is as follows: AP Calculus (Mon and Fri), AP Computer Science and Physics (Thursday), AP Environmental Science (Starts Tues March 10), AP Microeconomics (Mon), AP Human Geography (Thursday), AP Human Geography – sophomore study group (Monday), AP US History (Shifts to Thursday after Spring Break).

Other key dates in March are all during the week of March 30 – April 3, otherwise known as Spirit Week. Stay tuned for all kinds of fun events that week. Also in March, Block 3 and 4 midterms will be Wed March 18, and Blocks 1 and 2 will be Thursday March 19.

I want to give a particular shout out the Skills USA participants, and my own BrainBowl Team. We came in 3rd place at the 2020 SkillsUSA Regional Leadership and Skills Conference, which is good enough to head on to the State competition in Pensacola on April 19 - 21. The conference was held at the Broward Colleges, Sheridan West, and Johnson & Wales on 2/4/20 - 2/5/20. Out of our 71 student competitors, 56 of them received medals! Thank you to all the teachers who are actively involved in SkillsUSA that made this possible. Congratulations!!!!

Finally, let's keep the lines of communication open. Students – let us know how we can help you. Families – check your child's grades in FOCUS and don't hesitate to reach out to us with questions, comments, and concerns.

Once again, I am so proud to be part of the Junior Class Team. Sheridan Tech is really an amazing place!

Jason M. Cogan

AP and Honors US History Teacher

CLASS OF 2022

The 10th graders will be going over to audit their top choices for the certification program they start next year on March 4th. Students are excited to get a taste of what they are starting next school year! In order to prepare for all the next school year has to offer students are working in Algebra Nation to keep their math skills fresh. Our 10th graders are for the first part of the FSA next month using NoRedInk. Parents please help us in getting each child to turn the Algebra nation and NoRedInk each week by Saturday at 11:59 pm. We also ask that you encourage your children to stay after school for the FREE tutoring we offer for both math and FSA.



Coming up at the end of the Month the Sophomores will be attending a FREE showing of Ragtime at the Broward Center. So keep an eye out for the permission slip coming home soon.

Success is not only possible, it is necessary!

CLASS OF 2023

The 9th grade students are well into the swing of the Second Semester with Spring Break right around the corner. As we push further into the year, we would like to remind parents and student about some of our daily to do's:

- Students, be sure you are completing Newsela and Noredink initiatives weekly. Newsela is on Monday and Noredink on Tues-Fri. Be sure to complete the quiz and the writing component in Newsela and the quiz in Noredink. Reports are pulled on Saturday for both assignments.
- Students, don't forget to check Outlook daily! You can find in your student emails: scholarship opportunities, lunch, tutoring schedules and emails from your teachers. Carve 5 minutes out of each day to check your inbox.
- Students and Parents, as a reminder: The tutoring schedule has been released for all subjects. It is highly recommended that if a student has scored a level 2 or below on last year's state exam, or he/she has a 'D' or below in the subject area, that he/she attends tutoring regularly. Email tutoring proctors for any questions regarding tutoring.
- Parents, don't forget to check FOCUS regularly for an update on grades. If you need help making an account, contact Mrs. Pulley in guidance or one of your child's teachers.

Upcoming: The FSA writing exam is coming up on April 7, 2020



KEY CLUB

During the month of February, Key Club has had an exciting and eventful month. This February we elected our new officers, and would like all of you to congratulate the following students on being elected:

President:

Jose Mendez

Co-Vice President's:

Laura Pisciotte

Maia Leon

Co-Secretary's:

Alexandra Garcia

Afra Farren

Co-Treasurer's:

Valentina Beltran

David Beaubien

Co-Editor's:

Luis Mendoza

Willow Wambolt

Co-Webmasters:

Blake Rogers

Jazmine Khiefhaber



As we welcome our new officers, we continue with our great momentum and begin training them, as well as working on projects such as Horses for the Handicapped, Beach Cleanup, Adopt-a-Street, and the implementation and planning of other events like Relay for Life and our first ever book drive.

Submitted by Jose Mendez, President

UPCOMING DATES & EVENTS

(dates and events subject to change)

Fri., March 13 - Book Drive ends.

Mon., March 16 - Adopt a Street - Please bring your Key Club t-shirt, if you have one. You will receive service hours.

Mon., April 30 - 1:45 -3 pm - Meeting for members who will be attending DCON.

Thurs., April 2-Sun., April 5 - DCON

Mon., April 13 - 1:45 -3pm - Mandatory Meeting for newly elected and current officers.

Mon., April 20 - 1:45-3pm - Sock Puppets for Joe DiMaggio Children's Hospital - You will receive service hours.

Sat., April 25 - Relay for Life at Cooper City High School, 3pm-midnight (or anytime in-between). You will receive service hours.

Mon., April 27 - 1:45-3pm - Key Club end of the year party.

STUDENT GOVERNMENT ASSOCIATION



Student Government Happenings

SGA is thrilled to say that STHS's first ever Festival of Culture was a great success! More than a dozen countries were represented during the week of February 10: from Bhutan to Sweden and from China to Columbia. Students and staff literally got a taste of many different cultures on Monday, enjoyed an enormous variety of music on Tuesday and learned about history and holidays on Wednesday and Thursday. We are compiling some of the yummy recipes we were treated to in a cookbook, so keep an eye out for

that. Thanks to all who participated!



BRACE News

Mrs. DiAlberto, BRACE Advisor

Barbara.dialberto@browardschools.com

UPCOMING EVENTS

March 10 – 6-8pm – Juniors & Seniors -Financial Aid Night, John Mullins Aquatic Center, 2000 NW 55 Ave., Lauderhill 33313.

March 11 – ACT Free Practice Test for Juniors at STHS on sign-up basis. Email Mrs. DiAlberto if interested.

March 31 – Tentative date for ACT Follow-up from free practice test – 1:45 pm.Cafeteria.

April 9 – Broward College Jumpstart – Field trip for Seniors to go through Orientation and register for classes at BC.

April 9 – Senior Award's Night.
Information for Seniors

March 8 – FAMU Scholarship due. Check your Outlook (sent 1/27).

March 10 – Deadline for Seniors to give Mrs. DiAlberto hard-copies for Broward Education Foundation Scholarship.

March 13 – BCCPA Scholarship due. Check your Outlook (sent 9/24).

March 15 – Deadline for Seniors to apply for Broward Education Foundation Scholarship.

March 15 – Destination Dorm Scholarship due. Check your Outlook (sent 1/16).

March 15 – City of Sunrise Outstanding Citizen Scholarship due. Go to: <http://www.sunrisefl.gov/index.aspx?page=563>

March 15 – SFCC Fred E. Pennell Memorial Scholarship due. Plan to attend community college in south FL. Go to: <https://www.unigo.com/scholarships/by-state/florida-scholarships/sfcc-fred-e-pennellmemorial-scholarship/4454>
SFCC Fed E. Pennell March 31 – Automotive Aftermarket Scholarships Central due. Go to: https://www.automotivescholarships.com/apply_online.cfm

March 31 – CBC Spouses Visual Arts Scholarship due. Go to: <https://www.scholarships.com/financial-aid/college-scholarships/scholarships-bystate/florida-scholarships/cbc-spouses-visual-arts-scholarship/>

April 1 – (received by) - Hallandale Beach-Aventura Rotary Scholarship due. Check your Outlook (sent 1/13).

April 15 – ExxonMobil/LNESC Scholarship due. Go to: <https://www.scholarships.com/financial-aid/college-scholarships/scholarships-bystate/florida-scholarships/exxonmobil-lnesc-scholarship/>

April 30 – CBC Spouses Education Scholarship due. Go to: <https://www.scholarships.com/financial-aid/college-scholarships/scholarships-bystate/florida-scholarships/cbc-spouses-education-scholarship/#>

April 30 – CBC Spouses Performing Arts Scholarship due. Go to: <https://www.scholarships.com/financial-aid/college-scholarships/scholarships-bystate/florida-scholarships/cbc-spouses-performing-arts-scholarship/>

June 30 – S.C.W. Dreamer's Scholarship due. Go to: <http://workinjuryaz.com/phoenix-workers-compensation-lawyers/#dreamers>

June 21 – Providian Medical Scholarship due. Go to: <https://www.fastweb.com/college-scholarships/scholarships/163610-providianmedical-scholarship>
Information for Grades 9-12

March 30 – Scooter Inside Scholarship due. Go to: <https://www.fastweb.com/college-scholarships/scholarships/171095-scooter-insidescholarship>

March 31 – Because College is Expensive Scholarship due. Go to: <https://www.fastweb.com/college-scholarships/scholarships/167675-becausecollege-is-expensive-scholarship>

March 31 – Superpower Scholarship - <https://www.unigo.com/scholarships/bystate/florida-scholarships/superpower-scholarship/4825>

April 1 – Southern Scholarship Foundation due. Go to: <https://www.unigo.com/scholarships/by-state/florida-scholarships/southern-scholarshipfoundation-award/800>

April 7 – Kiwanis Club of Deerfield Beach Scholarship due. Go to: <https://www.deerfieldbeachkiwanis.org/Page/33838>

April 15 – We The Students Scholarship due. Go to: <https://www.fastweb.com/college-scholarships/scholarships/162106-we-thestudents-scholarship-contest>

April 30 – All About Education Scholarship due. Go to: <https://www.unigo.com/scholarships/by-state/florida-scholarships/all-abouteducation-scholarship/1000331>

May 15 – One Planet, Many People Scholarship Video Contest due. Go to: <https://www.populationmedia.org/about-us/video-contest/>

May 22 – Harris L. Klein Memorial Scholarship due. Go to: <http://www.swbrogop.org/harris-klein-scholarship.html>

May 31 – Fifth Month Scholarship due. Go to: <https://www.unigo.com/scholarships/by-state/florida-scholarships/fifth-monthscholarship/1003835>

June 15 – Ocean Awareness Contest due. Go to: <https://naaee.org/eeopro/opportunities/2020-ocean-awareness-contest>

[Please click here to view list of dates for 2020 READY FOR COLLEGE Broward County Public Library workshops.](#)

[Click here or on the picture below to view full details of the 2019 Coronavirus Novel as published by the CDC.](#)



What you need to know about 2019 Novel Coronavirus (2019-nCoV)

What is 2019 novel coronavirus?

The 2019 novel coronavirus (2019-nCoV) is a new virus that causes respiratory illness in people and can spread from person to person. This virus was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get 2019-nCoV?

The 2019-nCoV is spreading from person to person in China and limited spread among close contacts has been detected in some countries outside China, including the United States. At this time, however, this virus is NOT currently spreading in communities in the United States. Right now, the greatest risk of infection is for people in China or people who have traveled to China. Risk of infection is dependent on exposure. Close contacts of people who are infected are at greater risk of exposure, for example health care workers and close contacts of people who are infected with 2019-nCoV. CDC continues to closely monitor the situation.

Have there been cases of 2019-nCoV in the U.S.?

Yes. The first infection with 2019-nCoV in the United States was reported on January 21, 2020. The current count of cases of infection with 2019-nCoV in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

How does 2019-nCoV spread?

This virus probably originally emerged from an animal source but now seems to be spreading from person to person. It's important to note that person-to-person spread can happen on a continuum. Some viruses are highly contagious (like measles), while other viruses are less so. At this time, it's unclear how easily or sustainably this virus is spreading between people. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of 2019-nCoV?

Patients with 2019-nCoV have reportedly had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Many patients have pneumonia in both lungs.

How can I help protect myself?

The best way to prevent infection is to avoid being exposed to this virus.

There are simple everyday preventive actions to help prevent the spread of respiratory viruses. These include

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled to China and got sick?

If you were in China within the past 14 days and feel sick with fever, cough, or difficulty breathing, you should seek medical care. Call the office of your health care provider before you go and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against 2019-nCoV. The best way to prevent infection is to avoid being exposed to this virus.

Is there a treatment?

There is no specific antiviral treatment for 2019-nCoV. People with 2019-nCoV can seek medical care to help relieve symptoms.



CS 314937-A 02/05/2020

For more information: www.cdc.gov/nCoV